

EXETER COMMUNITY CAFES

| Day of the Week: | Time: | Name/Description: | Where? | Area | General Age Range | Usual No.s Attending | Disabled Access | What else is there? | Builder Regularly Attend? |
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| Mondays | 10:30-12:00 | Heavitree Social Group – A social drop in group open to anyone over 50 *£2 | Heavitree Evangelical Church, Fore Street, Heavitree | Heavitree | Over 60s | 20 ish | Level access disabled toilet | Optional word quiz, usually a speaker or activity but sometimes just chat and raffle | CB attends every four to six weeks. |
| | 14:00-16:00 | Beacon Heath Social Group - A drop in group open to anyone over 50 *£2 | Beacon Heath Church, King Arthur's Road | Mincinglake & Whipton | Over 60's | Oct-20 | Yes, ramp up to the building | £1 cost for tea,coffee and biscuits | CB attends every few months. |
| | 10:00-12:00 | Coffee morning - Whipton Chapel, run by the church but open to the community. | Whipton Chapel | Mincinglake & Whipton | Open to all ages | 10 | Yes | The group sometimes do a small bible study at the end of the coffee morning. | No |
| | 10:00-11:30 | Coffee Morning: St Lukes Church | St Lukes Church, Countess Wear Rd | Countess wear | Over 60s | 30ish | No | | |
| Tuesdays | 10:30–14:00 | Dove Cafe - free drinks & biscuits until 12pm, affordable lunches from 12pm. | Palace Gate Centre, South Street, EX1 1JA | Central | Middle-aged to retired, + not in employment | 50 | Open to all ages, and has disabled access and toilet. | Runs on Tues & Thurs mornings. Serves affordable lunches. Google calender on their website with information about events. | CB attends every six - eight weeks |
| | 10:00-12:00 | Age UK Coffee Mornings | St Stephens Church, High Street Exeter, | Central | All | | Yes | Tea, coffee and homemade cake | |

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| Wednesdays Cont... | 13:00 - 17:00 | DRLC Recovery Library & Creative Drop-In | St Sidwell's Community Centre | Central | Open to all adults age 18+ | 8-12 people per week | Yes | Friendly drop-in, join us for a chat & a cuppa, get stuck into some mindful drawing or informal creative activity, or sit or read quietly in the gentle and friendly company of others. | |
| Thursdays | 10:00-12:00 | Café Thursday – games, crafts, free refreshments, IT access & support, job search, kids play area. | Newcourt Community Centre EX2 7FN | Newcourt | All ages | Varies from 8 to over 20 | Yes | Run by YMCA staff and volunteers including residents from local YMCA housing | CB attends. |
| | 10:00-12:00 | Phoenix Community Café – food served until 12:30pm. Pool table, book library, board games, craft space, computer access. Includes Parent Carer Café 10-12. | Wonford Community Centre-Phoenix Suite EX2 6NF | Wonford | Open to all ages | 20-30 | Yes | Includes talks & information, sewing & repair help too. Lovely friendly atmosphere, you'll be met & welcomed by a volunteer. | CB attends most weeks. |
| | 10:30-12:00 | Coffee Morning - Beacon Heath Church, open to the community | Beacon Heath Church | Mincinglake & Whipton | All ages welcome | Oct-20 | Yes, ramp up to the building | Drop in, chat to local community or Rev Brian. Mostly attended by members of the church. Sometimes have children from disability school attend to develop social skills. | CB attends occasionally. |

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| Fridays | 09:00– 12:00 | Chatterbox Community Café | Alphington Village Hall EX2 8UP | Alphington | Older residents , lots of local people attend | | Yes | Newspapers, fairtrade hot & cold drinks, homemade savoury snacks & cakes donated by customers. No fixed prices but donation is appreciated | |
| | 8:45- 10:00 | Pop Up Café: Clyst Heath School | Clyst Heath School, Digby EX2 7QT | St Loyes | Mostly parents carers & toddlers but open to all | 25+ | Yes, through car park and slope through back entrance | Serves bacon baps, hot cross buns, cakes, hot & cold drinks (priced). Small play area and craft for toddlers also available (£1) | |
| | 9.30- 12pm | Coffee Club for Senior Citizens | Newcourt Community Centre, Blakeslee Drive | Newcourt | 60 plus | 30 ish | Yes | Mainly chat. knit and natter table and very occasionally speakers. Also organise trips and meals out. £1.50 plus optional 50p for raffle. | CB attends once or twice a month. |

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| Fridays Cont... | 10:00-12:00 | Community Drop-In & Café - includes Foodbank, Toy Library, Knit & Knatter. | Beacon Centre, EX4 8LZ | Mincinglake & Whipton | All ages welcome and there is always a mix of ages from babies to the elderly | 50- 80 | Yes, there is a ramp down the left handside of the building behind the gates. | Sit & chat, play pool, knit, or learn to knit. Toy library for children. Sometimes other organisations will attend to promote a service. Food bank access is around the side of the building or through the main room. | CB attends most Fridays. |
| | 10:00-15:00 | Community Café - food and drink for sale. | St Katherine's Priory, EX4 7JY | Mincinglake & Whipton | All ages welcome | constant flow of people throughout the day | Yes | Beautiful enclosed gardens great in the spring & summer or seating in the cafe area. Regular groups and walkers often drop in. | Mincinglake & Whipton CB attends twice a month usually after 12pm. Mount Pleasant CB attends most Fridays |
| | 10:00-12:00 | Friday Friendship: Coffee Morning / Toddler Group (term-time only) | Parish Hall, Station Rd, Exwick | Exwick | Mixed ages, mums + babies/toddlers, also older people | 20-25 | Yes | Free Parking, toys, refreshments, nursery rhymes | CB attends. |
| Saturdays | 10:30-12:00 | St Lawrence Coffee Morning | St. Lawrence Church, Lower Barton Hill Rd. EX1 3EH | St. Loyes | All welcome but usually ages over 50 | 20ish | Yes. ramp up to building at the back, disabled toilet | Usually, hot snack with drink (tea, coffee, and decaf options). Donation based. N.B. 2nd Saturday of every month | No |